VETERAN OPS WATCH

Connecticut Programs & Website-Ready Flyers

Compiled from the Connecticut scan in this chat and rechecked against official program sources on October 29, 2026.

10 verified program pages
3 already represented in VOW + 7 strong candidates for review/publishing

Publishing note: These flyers describe current/ongoing programs where official sources support that status. They do not present expired retreat dates as upcoming events. Always recheck capacity, registration windows, and costs immediately before publishing.

Independent resource directory. Veteran Ops Watch is not affiliated with the U.S. Department of Veterans Affairs.

Connecticut Program Directory

The status column distinguishes programs already represented in VOW from strong candidates identified in this scan.

Program	Focus	VOW status
Operation Warrior Horse	Veteran Wellness / Equine Therapy	Already on VOW
Western Connecticut Chapter	Veteran & First Responder Adventure / Wellness	Already on VOW
Honor Wellness Center	Veteran & First Responder Mental Health	Already on VOW
Take a Vet Fishing	Veteran Fishing / Recreation	Strong VOW candidate
Veteran Angler Charters	Veteran Fishing / Recreational Rehabilitation	Strong VOW candidate
PGA HOPE Connecticut	Veteran Golf / Wellness	Strong VOW candidate
Horses & Heroes	Veteran Equine-Assisted Wellness	Strong VOW candidate
Healing Horses Therapeutic Center	Equine Therapy / Community Wellness	Strong VOW candidate
First Responder Trauma Support	First Responder Mental Health / Peer Support	Strong VOW candidate
Mindful Responder	First Responder Yoga / Mindfulness / Resiliency	Strong VOW candidate - label carefully

Each following page is formatted as a standalone flyer and includes the official source URL for direct website verification.

Already on VOW

Operation Warrior Horse

Healing Hoofbeats of CT

LOCATION	Bethlehem, Connecticut
WHO IT SERVES	Veterans
COST	Low-cost and free care; veteran workshops are offered at no cost
CATEGORY	Veteran Wellness / Equine Therapy

Equine and animal-supported psychotherapy led by licensed mental-health professionals. The program uses the horse-human connection to help veterans address invisible wounds, build coping skills, strengthen connection, and improve confidence.

- Individual therapy is offered weekly or biweekly based on the veteran's treatment plan.
- The organization also offers veteran group workshops and farm-based retreat experiences.
- 41 Judge Lane, Bethlehem, CT 06751.

CONTACT / NEXT STEP
203-244-8411 | info@healinghoofbeatsofct.org

OFFICIAL PROGRAM PAGE
https://www.healinghoofbeatsofct.org/owh

VERIFIED - ongoing program | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

Veteran Ops Watch | Independent resource directory | Not affiliated with the U.S. Department of Veterans Affairs

Already on VOW

Western Connecticut Chapter

Heroes on the Water

LOCATION	Western Connecticut
WHO IT SERVES	Veterans, active-duty military, first responders, and families
COST	No cost
CATEGORY	Veteran & First Responder Adventure / Wellness

Volunteer-led therapeutic kayak-fishing experiences designed to build connection and wellness through time on the water. Kayaks, fishing gear, and safety gear are provided.

- Serves Litchfield, Fairfield, and New Haven counties.
- Events may include family outings, small groups, women-only outings, social gatherings, and off-season activities.
- Typical waters include Candlewood Lake, Lake Lillinonah, and lakes near Danbury.

CONTACT / NEXT STEP
Western.CT@Heroesonthewater.org

OFFICIAL PROGRAM PAGE
https://heroesonthewater.org/chapters/western-connecticut/

VERIFIED - active chapter | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

Veteran Ops Watch | Independent resource directory | Not affiliated with the U.S. Department of Veterans Affairs

Already on VOW

Honor Wellness Center

Honor Wellness Center

LOCATION	Glastonbury, Connecticut
WHO IT SERVES	First responders, active-duty military, veterans, and household members
COST	Contact provider for insurance / financial details
CATEGORY	Veteran & First Responder Mental Health

Connecticut nonprofit providing culturally competent mental-health, trauma, addiction, peer-support, outpatient, and intensive outpatient services tailored to military personnel and public-safety first responders.

- Services include trauma and PTSD care, EMDR, peer support, addiction treatment, outpatient care, and an intensive outpatient program.
- 703 Hebron Ave., Second Floor, Glastonbury, CT.
- New-client intake is limited to eligible responder/military households.

CONTACT / NEXT STEP
860-919-9762 | phyllis@honorwellness.org

OFFICIAL PROGRAM PAGE
https://www.honorwellness.org/

VERIFIED - ongoing services | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate

Take a Vet Fishing

Take a Vet Fishing (TAVF)

LOCATION	Branford / statewide Connecticut
WHO IT SERVES	Veterans, including disabled and recovering veterans
COST	Free
CATEGORY	Veteran Fishing / Recreation

Connecticut nonprofit that gets veterans out of clinical settings and onto the water for relaxing fishing outings. Events are designed around fellowship, accessibility, and a supportive outdoor experience.

- Fishing outings are held during spring, summer, and fall at saltwater and freshwater locations.
- Transportation, equipment, food, beverages, waterfront access, and needed assistance are provided.
- The organization also hosts community activities such as picnics and holiday events.

CONTACT / NEXT STEP
info@tavf.org

OFFICIAL PROGRAM PAGE
https://tavf.org/

VERIFIED - current program | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate

Veteran Angler Charters

Veteran Angler Charters

LOCATION	West Haven / New England
WHO IT SERVES	Injured and recovering veterans
COST	No cost
CATEGORY	Veteran Fishing / Recreational Rehabilitation

All-volunteer nonprofit providing no-cost, small-group saltwater charter fishing trips as recreational rehabilitation and therapeutic support for injured and recovering veterans.

- Small-group format is intended to create a safe, supportive, and enjoyable experience.
- Federally recognized 501(c)(3) nonprofit.
- Mailing address: P.O. Box 504, West Haven, CT 06516-5130.

CONTACT / NEXT STEP
board@veterananglercharters.org

OFFICIAL PROGRAM PAGE
https://www.veterananglercharters.org/

VERIFIED - active nonprofit | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate

PGA HOPE Connecticut

Connecticut PGA

LOCATION	Connecticut & Western Massachusetts
WHO IT SERVES	Veterans and active-duty military
COST	Free
CATEGORY	Veteran Golf / Wellness

Six-week adaptive golf program taught by PGA Professionals. PGA HOPE uses golf as a wellness and community-connection tool for veterans and active-duty service members of all experience levels.

- Program is open to all veterans and is geared toward mental health and wellness.
- Each session covers golf skills, with an on-course experience in the final session.
- Graduates may continue through PGA HOPE Play Days and other alumni opportunities.

CONTACT / NEXT STEP
Use the registration/contact links on the official Connecticut PGA page.

OFFICIAL PROGRAM PAGE
https://ctpga.com/pga-hope/

VERIFIED - Fall program registration shown open | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate

Horses & Heroes

US Horse Welfare and Rescue

LOCATION	Avon, Connecticut
WHO IT SERVES	All veterans
COST	Contact organizer for current package / program terms
CATEGORY	Veteran Equine-Assisted Wellness

Equine-assisted therapeutic program helping veterans reconnect, rebuild confidence, reduce stress, and develop self-regulation through hands-on horsemanship and structured learning.

- Available as 6-week or 12-week programs.
- Activities include horse care, grooming, leading, connection, bonding, trust, and self-regulation.
- Program is based in the Farmington Valley in Avon, Connecticut.

CONTACT / NEXT STEP
860-593-4298 | USHorseWelfare@gmail.com

OFFICIAL PROGRAM PAGE
https://ushorsewelfare.org/veterans

VERIFIED - ongoing program | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate

Healing Horses Therapeutic Center

Ebony Horsewomen, Inc.

LOCATION	Hartford, Connecticut
WHO IT SERVES	Youth, families, adults, and military veterans
COST	Contact organization for current program costs and eligibility
CATEGORY	Equine Therapy / Community Wellness

Hartford-based equestrian and therapeutic center offering culturally competent equine-assisted psychotherapy, therapeutic riding, and community programs, including services for military veterans.

- Founded in 1984.
- Programs use the human-horse relationship to support healing, empowerment, and personal growth.
- Veteran participation is explicitly included in the organization's mission and services.

CONTACT / NEXT STEP
Use the official website for current program intake and contact details.

OFFICIAL PROGRAM PAGE
https://ebonyhorsewomen.org/

VERIFIED - ongoing services | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate

First Responder Trauma Support

Fairfield County Trauma Response Team (FCTRT)

LOCATION	Connecticut statewide reach
WHO IT SERVES	First responders and affected family members
COST	Free peer-support and education services; therapy terms vary by situation/provider
CATEGORY	First Responder Mental Health / Peer Support

Nonprofit alliance of Connecticut mental-health professionals focused on trauma, tragedy, duty-induced stress, and wellness for first responders and the broader community.

- Offers free ongoing first-responder support groups, including hybrid and virtual options.
- Provides trauma-informed therapist referrals, education, peer-support development, and critical-incident defusing/debriefing.
- Services have expanded beyond Fairfield County toward statewide coverage.

CONTACT / NEXT STEP
See official site for help request and clinician contacts.

OFFICIAL PROGRAM PAGE
https://fctrt.org/

VERIFIED - ongoing nonprofit services | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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Strong VOW candidate - label carefully

Mindful Responder

Mindful Responder

LOCATION	Connecticut
WHO IT SERVES	Responders, including public-safety and related responder communities
COST	Contact organizer for current class / program details
CATEGORY	First Responder Yoga / Mindfulness / Resiliency

Connecticut-based responder wellness initiative offering yoga and mindfulness services focused on mental and physical health, stress management, trauma-related issues, recovery, resiliency, and peak performance.

- Offerings include Mindful Yoga Therapy for trauma-related concerns.
- Also lists Responder Yoga 12-Step Recovery, stress-management presentations, and responder wellness classes.
- The organization states that it is in the process of obtaining 501(c)(3) nonprofit status.

CONTACT / NEXT STEP
Use the official website for current class and contact information.

OFFICIAL PROGRAM PAGE
https://www.mindfulresponder.org/

VERIFIED - program active; nonprofit status pending | Verified 2026-10-29 | Confirm current availability before travel or enrollment.

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VETERANS COFFEE HOUSE

CONNECTICUT VETERANS AFFAIRS

WHEN

2nd & 4th Friday each month
9:30 AM - 11:30 AM

WHERE

287 West Street
Rocky Hill, CT 06067

COME GATHER WITH FELLOW VETERANS

Share stories, connect with others, and enjoy a supportive community.

NO RSVP NEEDED - PLEASE BRING MILITARY ID

Visitor's Lounge

Across from the flag pole, under the blue awning
Door labeled: Transportation Center

CONTACTS

Dawn Hinckley: 860-616-3840 | Matt Bortolan: 860-616-3820

WREATHS ACROSS AMERICA

CONNECTICUT STATE VETERANS CEMETERY

DATE & TIME

December 19, 2026
12:00 PM

LOCATION

CT State Veterans Cemetery
Middletown, Connecticut

REMEMBER - HONOR - TEACH

Join the annual wreath-placing ceremony honoring those who served. Connecticut Veterans Affairs invites the community to remember the fallen, honor our Veterans, and teach the value of freedom.

EVENT CONTACT - CONNECTICUT VETERANS AFFAIRS

Lindsay Jesshop | 860-616-3603

Lindsay.Jesshop@ct.gov

Official event listing: portal.ct.gov/dva/events